

# “Fourth International Congress of Hypermobility, Ehlers-Danlos Syndrome and Pain”



## “Third International Hypermobile Patients Meeting”

From November 5 to 7 , 2021

### Organization / Coordination

Neuseli Lamari - Brazil

Mateus Lamari - Brazil

Carolina Baeza-Velasco - France

### Internacional Speakers

Antonio Bulbena - Spain

Carolina Baeza-Velasco – France

Cassia Lopes Hinz – Germany

Claude Hamonet – France

Emily Casanova - USA

Jaime Bravo – Chile

Marco Castori – Italy

Marileila Varella – USA

Qasim Aziz - England

### THEMES

Conditions related to Joint Hypermobility (**JH**), Hypermobility Spectrum Disorder (**HSD**) and Ehlers-Danlos Syndrome (**EDS**)

## November 5, 2021 (Friday)

19:00 – 19:20 **OPENING SESSION**

### 19:20 - 21:00 Session 1. Genetic aspects and EDS classifications

19:20 - 19:50 *EDS subtypes*  
**MARCO CASTORI - ITALY**

19:50 - 20:10 *Molecular diagnosis EDS*  
**MARILEILA VARELLA – USA**

20:10 - 20:30 *Genetic counseling*  
**ENY GOLONI**

20:30 - 20:50 *Documentary and tribute to PETER BEIGHTON – South Africa*  
**NEUSELI LAMARI**

20:50 – 21:00 *live Q&A*

## November 6, 2021 (Saturday)

### 09:00 – 10:20 Session 2. Diagnosis HSD / EDS

09:00 – 09:30 *Clinical-genetic approach to JH: from the symptom to the syndrome*  
**MARCO CASTORI - ITALY**

09:30 – 09:50 *HSD / hEDS phenotype at different ages in Brazil*  
**MATEUS LAMARI**

09:50 – 10:10 *Functional Kinesiological Report as a support to diagnosis from newborn to adult*  
**NEUSELI LAMARI**

10:10 – 10:20 *live Q&A*

10:20 - 10:30 *Break*

### 10:30 - 11:50 Session 3. Clinical examination EDS

10:30 – 11:00 *Diagnosing EDS: a problem solved only by clinical examination*  
**CLAUDE HAMONET - FRANCE**

11:00 – 11:20 *Extended dental consultation*  
**CARLA MAUAD**

11:20 – 11:40 *Inclusion of hypermobility clinical consultation in the pediatric clinic*  
**VANIA BELINTANI PIATTO**

11:40 – 11:50 *live Q&A*

11:50 - 12:30 *Break*

### 12:30 – 14:30 Session 4. Psychological and Psychiatric Aspects HSD / EDS

12:30 – 13:00 *Neuroconnective phenotype: New disease model after Ehlers-Danlos*  
**ANTONIO BULBENA - SPAIN**

13:00 – 13:30 *Atypisms of neurodevelopment in the context of hypermobility and EDS*  
**CAROLINA BAEZA-VELASCO - FRANCE**

13:30 – 13:50 *Attention deficit hyperactivity disorders - ADHD*  
**ABRAN TOPCWESKI**

13:50 – 14:10 *Autism and comorbidities in general*  
**GERARDO ARAUJO FILHO**

14:10 – 14:30 *Autism and EDS*  
**EMILY CASANOVA - USA**

14:30 – 14:40 *live Q&A*

14:40 – 14:50 *Break*

### 14:50 – 17:00 Session 5. Gastrointestinal and Eating Disorders and Dysautonomy HSD / hEDS

14:50 – 15:20 *Gastrointestinal problems*  
**QASIM AZIZ – ENGLAND**

15:20 – 15:50 *Eating disorders and EDS*  
**CAROLINA BAEZA-VELASCO - FRANCE**

15:50 – 16:10 *Nutritional deficiencies, malnutrition and dietary management in hEDS*  
**JULIANA CARNEIRO**

16:10 – 16:40 *Dysautonomy in the hypermobile individual*  
**JAIME BRAVO - CHILE**

16:40 – 16:50 *live Q&A*

16:50 – 17:00 *Break*

### 17:00 – 18:30 Session 6. Pain, Fatigue and Sleep Disorder in HSD / hEDS

17:00 – 17:20 *Sleep disorders and hypermobility*  
**MARCIA PRADELLA**

17:20 – 17:40 *Sleep rhythm disorder with sleep phase delay EDS*  
**DARLEY FERNANDES**

17:40 – 18:00 *Fibromyalgia and hypermobility: What is the connection between them?*  
**RICARDO ACAYABA**

18:00 – 18:20 *Pain and fatigue: drug resources*  
**VITOR MARQUES**

18:20 – 18:30 *live Q&A*

## November 7, 2021 (Sunday)

### 08:30 – 10:10 Session 7. Multi-professional assistance HSD / EDS

08:30 – 09:00 *Ehlers-Danlos is no longer an "orphan" disease: There is prevention and treatment for the manifestations!*  
**CLAUDE HAMONET – FRANCE**

09:00 – 09:20 *Thoracic deformities in children and teenagers*  
**MURILO CELSO FARIA**

09:20 – 09:40 *Adaptations for physical activities and sport*  
**MATEUS LAMARI**

09:40 – 10:00 *Prevention of deformities in children and teenagers and functional health in adults*  
**NEUSELI LAMARI**

10:00 – 10:10 *live Q&A*

10:10 - 10:20 *Break*

### 10:20 – 12:20 Session 8. Impact of occupations and patient rights HSD / EDS

10:20 – 10:40 *Rights of the person with HSD / EDS*  
**RÉNATA TIBYRIÇA**

10:40 – 10:55 *Impacts on school occupations and work*  
**ANA JULIA ARMONI**

10:55 – 11:10 *Dance and hypermobility: When don't they fit together?*  
**CASSIA LOPES HINZ - GERMANY**

11:10 – 11:25 *Incapacities / Disabilities / Human rights*  
**ANTOINE DAHER**

11:25 – 11:40 *Social security law*  
**WLADIMIR NOVAES**

11:40 – 11:55 *Labor law for patients HSD / EDS*  
**PAULO BARIA**

11:55 – 12:10 *Responsibilities and health plans*  
**CLEBER VACCARI**

12:10 – 12:20 *live Q&A*

12:20 – 12:40 *Perspectives / Official closing*  
**CAROLINA BAEZA-VELASCO / MATEUS LAMARI / NEUSELI LAMARI**